

How to lift a Trike into your car



The techniques outlined in this instruction sheet require some degree of strength, balance and stability to lift or move the Trike safely into the car. We understand these techniques may not be suitable for all wheelchair users or assistants or their individual abilities so it is important to choose the right method to suit you. If you are not able to lift the Trike as shown in these methods, there are various aids which could be used to load the Mountain Trike into your car such as fold out ramps, hoists or even towbar mounted racks. For further information and advice please refer to the 'Discover' section of our website where there are various articles about transport of the Mountain Trike. If you have any questions do get in touch on info@mountaintrike.co.uk or give us a call on **01270 842616**, we're happy to help.

METHOD 1:

Step 1:

Fold the seat upright down and position the Trike as shown in the images behind your car:



Step 2:

With the parking brake off, pick the Trike up by its back wheel and set it on the boot of the car:



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Step 3:

Go round to the front of the Trike and hold the frame as shown in the image and lift the trike up:



Step 4:

Roll the Trike into your car and engage the parking brake, you may need to put the rear seats down for it to fit:



METHOD 2:

Step 1:

Fold the seat upright down and the rear wheel under the Trike, ensuring to use the transit strap to secure it in place:



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Step 2:

Hold the Trike by the frame on the inside of the drive levers, as shown in the image:



Step 3:

Lift the trike up, making sure to keep your back straight and place it into the car:



Step 4:

Once the Trike is in the car, engage the parking brake:



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In some smaller cars you may need to remove the Trike's Footplate and place it under the trike so that you can close the boot:

MT FOLDED DIMENSIONS



MT PUSH FOLDED DIMENSIONS

